

UNPACK U



SAINT VINCENT
COLLEGE

ON-CAMPUS RESOURCES

CAMPUS MINISTRY

Rooted in the Catholic tradition and guided by the *Rule of St. Benedict*, Campus Ministry supports the college community, especially the students, of all faith traditions, by providing opportunities to explore, celebrate, act on and live their faith through prayer, education, service and Christian living.

LEARN MORE: <https://stvincent.edu/student-life/campus-ministry>

CARE TEAM

For those times when students might need more than the day's teaching or information about campus services, the Saint Vincent CARE (Concern, Assessment, Response, Evaluation) Team is ready to provide guidance. The CARE Team meets regularly to review concerns and provide early intervention and support to students.

LEARN MORE: <https://stvincent.edu/student-life/care-team>

DISABILITY SUPPORT

Saint Vincent College follows the standards and guidelines set forth in the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act of 1973 in order to accommodate the diverse needs of their students and their academic journeys.

LEARN MORE: <https://www.stvincent.edu/academics/academic-support>

HEALTHY RELATIONSHIPS INITIATIVE

The Healthy Relationships Initiative assesses and addresses areas of need concerning dating and relationships through the use of seminars, a weekend retreat, residence life staff training, orientation events, and various programmed events.

LEARN MORE: <https://www.stvincent.edu/student-life/healthy-relationships>

JED CAMPUS

Saint Vincent College has joined JED Campus in support of student well-being and mental health. The Jed Foundation (JED) is designed to help schools evaluate and strengthen their mental health, substance misuse and suicide prevention programs and systems to ensure that schools have the strongest possible mental health safety nets.

LEARN MORE:

<https://www.stvincent.edu/community-events/newsroom/2019/09/10/svc-teams-with-jed-foundation-to-promote-well-being-mental-health>

LEARN SPEAKER SERIES

Saint Vincent College's LEARN (Listen, Evaluate, Analyze, Reflect, Navigate) Speakers Series invites various guests to speak about various topics such as substance abuse, social media, trauma, and contemporary problems. No tickets are required for admission, and the presentation is free and open to the public. More information will be available in the spring.

LEARN MORE:

<https://www.stvincent.edu/community-events/newsroom/2020/02/26/learn-series-to-welcome-richard-jones>

WELLNESS CENTER

Students are able to schedule an appointment with a registered nurse, physician or licensed counselor for a variety of illnesses and injuries at the Wellness Center. The Wellness Center is also able to provide many over-the counter medications and some prescribed medications, at no cost.

LEARN MORE: <https://www.stvincent.edu/student-life/health-and-wellness>

STUDENT ORGANIZATIONS

ACTIVE MINDS

Active Minds Club is a club created to promote mental health awareness around the campus and its community. This club's goal is to educate others and encourage those who are struggling to seek help.

LEARN MORE: <https://www.activeminds.org/>

CLUBS AND ORGANIZATIONS

Students find support, engagement, activities, and service opportunities through Saint Vincent's many clubs and organizations and can easily start new ones based on their interests.

LEARN MORE: <https://stvincent.edu/student-life/campus-life/clubs-and-organizations>